

Comparative Studies of Wine Produced from Pawpaw Juice and Coconut Milk Blend at Different Proportions

A. A. NOAH¹, J.O. ALECHENU², C.V. ABIAZIEM³ and O.O. ODUWABI⁴

^{1,2}Department of Food Technology, The Federal Polytechnic, Ilaro, Ogun State, Nigeria.

^{3,4}Department of Science Laboratory Technology, The Federal Polytechnic, Ilaro, Ogun State, Nigeria.

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ABSTRACT

This study was aimed at establishing the possibility of producing an acceptable wine from the mixture of pawpaw juice and coconut milk in the following proportions; 90:10, 80:20, 70:30, 60:40 and 50:50 respectively. The process of washing, peeling, extraction of juice, amelioration, clarification, sulphiting, pitching, fermentation, clarification, bottling, pasteurization and ageing were applied. The resulting wine from each proportion was analyzed for some of their physico-chemical and sensory properties and compared with a reference available commercial wine i.e. Calypso wine. pH values were 3.50, 3.52, 3.55, 3.64, 3.66; titratable acidity 0.71%, 0.69%, 0.68%, 0.66%, 0.63%; specific gravity 0.9722, 0.9789, 0.9869, 0.9918, 0.9922; temperature 32.0°C, 32.2°C, 32.3°C, 32.3°C, 32.3°C; brix 0.4°, 0.3°, 0.2°, 0.1°, 0.0° and alcohol 10%, 9%, 8%, 7%, 6% respectively. With an increase in proportion of coconut milk, the results showed that the alcohol yield decreased from 10% at 90:10 of pawpaw juice and coconut milk blend to 6% at 50:50 proportions which is in trend with titratable acidity and brix but the pH, specific gravity and temperature increases respectively. The sensory evaluation, which was carried out by trained panelists, showed that there was a significant difference at 5% confidence level and that the wine of 90:10 proportion of pawpaw juice and coconut milk blend scored favourably well with the comparative commercial wine. This study has demonstrated that it is possible to produce wine from locally available fruit with good standard, high acceptability, and to promote their industrial utilization.

Key words: Alcohol, Brix, Sensory evaluation, Physico-chemical properties, Yeast.

INTRODUCTION

Wine is the product of fermentation of grape juice. In a broad sense, it connotes alcoholic beverages derived by fermentation of fruits and vegetables musts. Apart from grape, other fruits from which wine is made must carry a notation, for example blackberry wine, pawpaw wine or apricot wine¹ (Nwanekezi, 2004). Pawpaw (*Carica papaya*) is a member of the small family (*Caricaceae*), having four genera and thirty-one species, is a native of tropical America, now spread all over the tropical region of the world² (Morton, 2006). The fruits are eaten green or ripe, fresh or in salads because of its high sugar content (59%) and thus can be used for wine production³ (Anon, 2008). They are also used for making juice, jam and crystallized

fruit⁴ (Seymour *et al.*, 1993). Processed, it has a neutral taste that can be considered improved by the addition of passion fruit to make soft drinks, jam and various preserves⁵ (Ihekoronye and Ngoddy, 1985). It can also be used in production of latex⁶ (Wall, 2006). The nutritional composition of pawpaw shows water (75%), food energy calories (92), protein (1.2g), carbohydrate (23.4), fat (1.2), dietary fibre (2.7), minerals (potassium – 396mg, calcium – 63mg, phosphorus – 47mg, magnesium – 113mg, iron – 7mg, zinc – 0.9mg, copper – 0.5mg, manganese – 2.6mg) and essential amino acids⁷ (Peter *et al.*, 1982).

Coconut (*Cocos nucifera*) is not really a nut and is the primarmember of the family *Areaceae*, it is the fruit produced by the coconut

palm⁸(Satyabala, 2003). It is rich in dietary fibre, good for those suffering from constipation; it is also good for building up the body muscles of thin and emaciated individuals. Coconut milk is good for curing sore throat and also helps to relieve stomach ulcer⁹(Gladys, 1999). Coconut milk is the liquid that comes from the grated meat of coconut and may be used by drinking it raw, or as a substitute for animal milk in tea, coffee, oil etc. It can be mixed with fruit to make a yoghurt substitute and in general, for baking¹⁰(Rexach, 1995).

Wine, reportedly, had been maintaining health, not only because of their nutritive value, but also because they replace inadequate, impure or otherwise unsatisfactory water supply¹¹(Hunyinga, 2009). Wine containing less than 10% alcohol is unstable because of their sensitivity to bacterial spoilage. Tropical fruits when compared with grapes are deficient for wine making. The deficiencies stem from lack of sufficient sugar. The percentage sugar contents of tropical fruits have made it impossible to produce wines with alcohol content of up to 10% unless augmented with sugar ¹²(Turner, 1971).

Early research work by¹³ Idise (2011) on coconut wine with different recipe of natural yeast and baker's yeast ameliorated with granulated sugar showed no significant difference and that wine could be produced for consumption within 48hours. Also¹⁴ Awe (2011) produced wine from pawpaw using aerobic and anaerobic fermentation which showed 8.0% and 9.8% alcohol without amelioration.

This research work was carried out with the aim to explore the possibility of producing an acceptable wine from the mixture of pawpaw-coconut milk blend, to investigate the suitability for alcoholic fermentation and storage stability and also to recommend the best proportion in mixing this composite juice using sensory evaluation (ranking test).

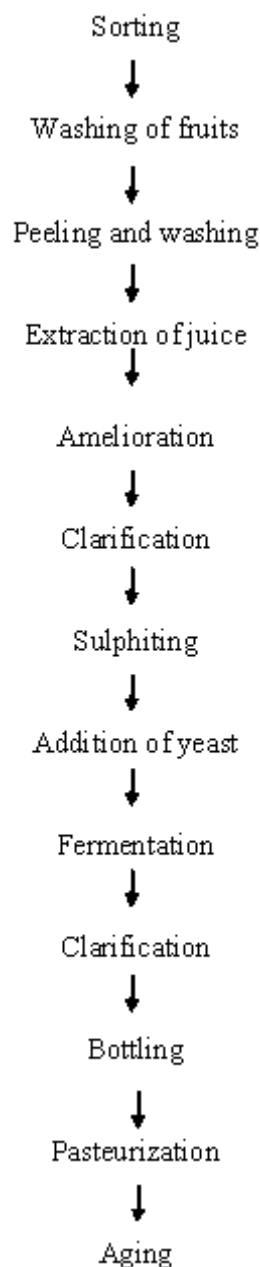
MATERIALS AND METHODS

The pawpaw sample and coconut used as the major raw materials for this work were purchased at a local market in Ilaro, Ogun State, Nigeria. Other materials used were granulated

sugar, lime, and distilled water.

Preparation of pawpaw-coconut wine

The pawpaw fruit were weighed, washed, peeled, sliced into two, rewashed, with the removal of the seeds and then reweighed. The fruit were then blended with a sterile blender into puree,



Source: Nwanekezi *et al.*(2004)

Fig. 1: Flow diagram for wine production

ameliorated and then filtered [15](Berry, 2000). The coconut fruit were washed with water, further broken (dehusked) and the brown crust was removed and the meat was then washed and weighed. The meat was grated and thereafter passed through a sterile cheese cloth to get the first extraction of the coconut milk. The shaft was treated with hot water and passed through the cheese cloth for the second extraction and repeated for the third extraction (thin coconut milk). The thin coconut milk was then ameliorated and was added into the pawpaw juice in different proportions as: 90:10, 80:20, 70:30, 60:40, and 50:50 blends respectively. Citric acid, appropriate amount of meta-bisulphite were added,

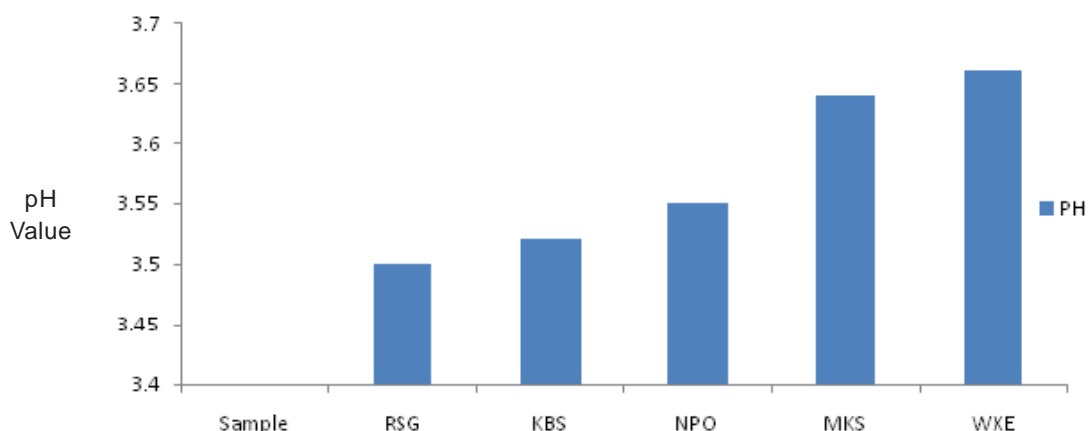
transferred into volumetric flasks, and corked then allowed to stay for 24hours.

Fermentation

Standard amount of wine yeast was added to the must in a fermenting Jar. The juice was fermented at room temperature (29 ± 2) for 7days, filtered, bottled and pasteurized at 68°C for 15 minutes [1](Nwanekezi *et al.*, 2004).

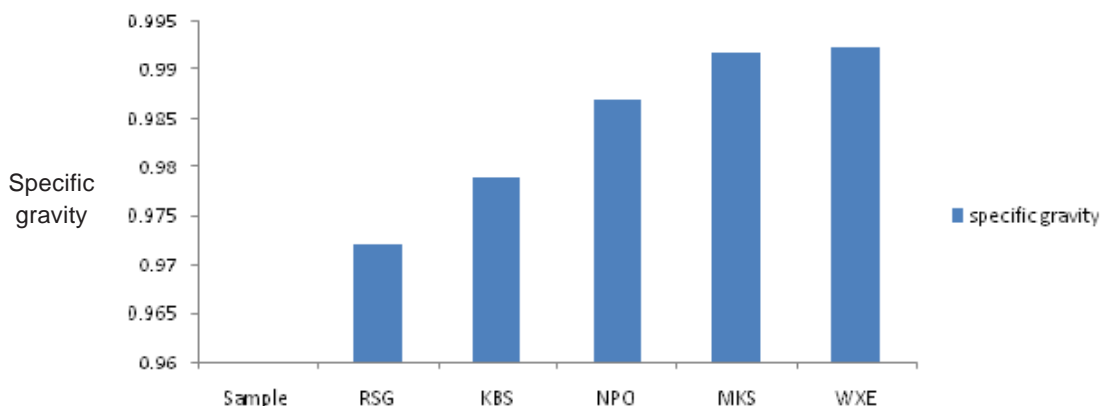
Physico-chemical tests on the wine

The pH, titratable acidity, brix and alcohol percentage were determined using[16](A.O.A.C., 1990).



Key: RSG 90%:10%, KBS 80%:20, NPO 70%:30%, MKS 60%:40%, WXE 50%:50%

Fig. 2: Changes in pH of Pawpaw-Coconut Wine after fermentation



Key: RSG 90%:10%, KBS 80%:20, NPO 70%:30%, MKS 60%:40%, WXE 50%:50%

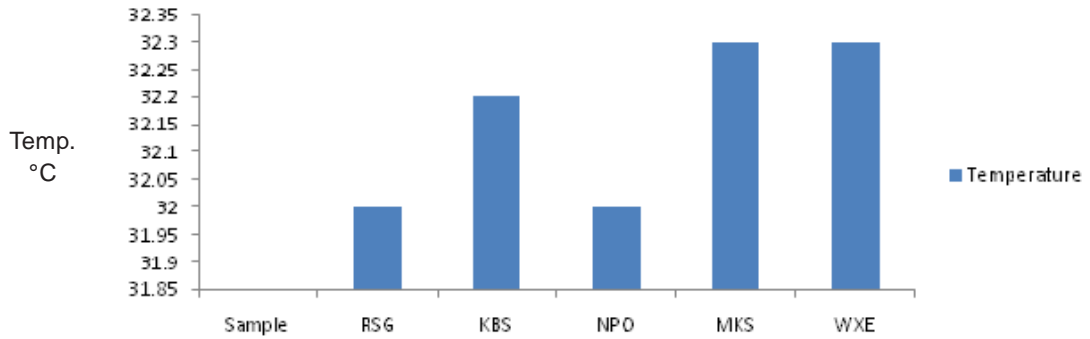
Fig. 3: Analysis of the changes in specific gravity of pawpaw coconut wine after fermentation

Sensory evaluation

The sensory evaluation test was carried out using the ranking test questionnaire by [17] Kramer *et al.* (1974).

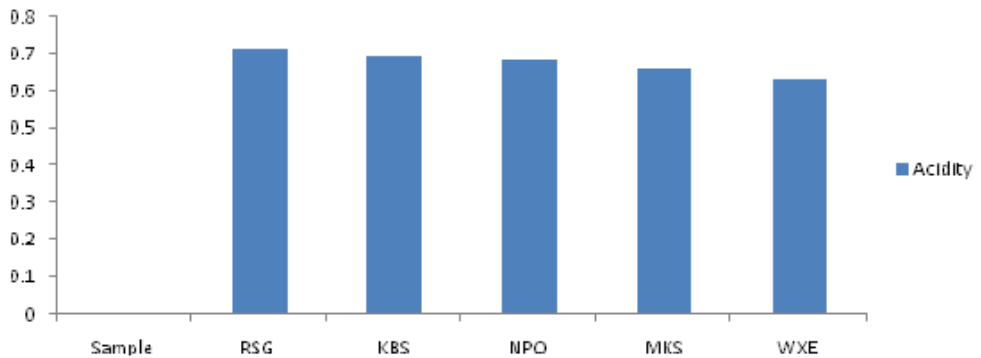
RESULTS

The results of the physico-chemical analyses on pawpaw-coconut wine are presented



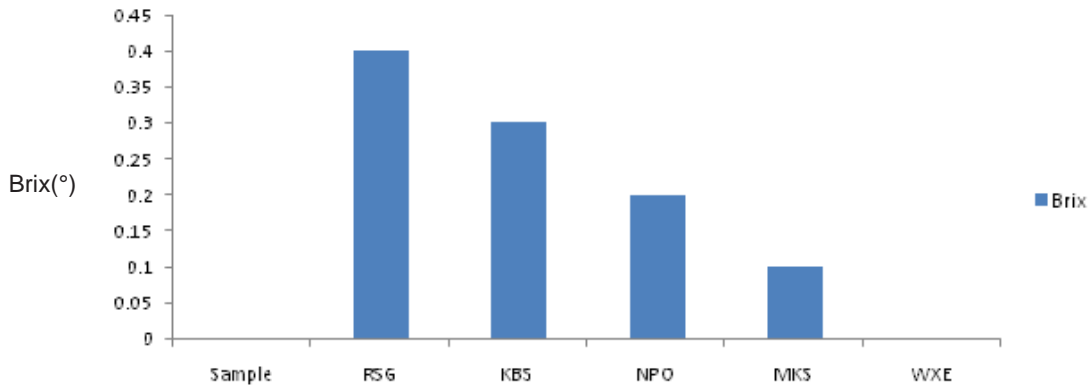
Key: RSG 90%:10%, KBS 80%:20, NPO 70%:30%, MKS 60%:40%, WXE 50%:50%

Fig. 4: Analysis of changes in Temperature of Pawpaw-Coconut wine



Key: RSG 90%:10%, KBS 80%:20, NPO 70%:30%, MKS 60%:40%, WXE 50%:50%

Fig. 5: Analysis of the changes in Titratable Acidity of the Pawpaw Coconut-Wine after fermentation



Key: RSG 90%:10%, KBS 80%:20, NPO 70%:30%, MKS 60%:40%, WXE 50%:50%

Fig. 6: Analysis of changes in Brix of Pawpaw Coconut-Wine after fermentation

in tables 1 and 2, also in Fig 2-7. The result of the sensory analysis is presented in table 3.

DISCUSSION

Table 1a indicated that the pH of pawpaw puree was 5.5 while that of coconut milk was 6.1. The brix was 5° and 2°, total solid were 15% and 11%, specific gravity were 1.000 and 0.999 respectively. After amelioration, the pH of the two juice dropped to 3.6 and 4.2 respectively while the brix were increased to 18° and 16°, total solid to 32% and 28%, specific gravity to 1.0810 and 1.0610 respectively as shown in table 2. It was also observed that after amelioration, the pH dropped, specific gravity increased as the degree of brix was increasing. The increase in specific gravity may be attributed to the fact that an increase in the total solid of a solution increases the specific gravity.

Table 2 showed that as the proportion of coconut milk increased, the titratable acidity reduced; the pH was increasing at a constant temperature.

After the seven days of fermentation, the results obtained are shown in figures 2-7. The changes in pH, specific gravity and brix of each sample of pawpaw-coconut wine decreased from the initial day to the end of the fermentation. This could be due to microbial succession, available nutrients, sugar and alcohol resulting in the production of acid. This result agrees with the reports of¹⁸ Robinson (2006)¹⁹ Anon (2008b)²⁰ Okafor (2007) and²¹ Idise and Ofiyai (2011). The temperature, titratable acidity and alcohol decreased till the end of the fermentation, this could be due to microbial metabolism, favourable nutrients to produce alcohol and other fermentable products. This result agrees with the reports of²² Uriah

Physico-chemical Analyses on Pawpaw-coconut Wine

Table 1(a): Before Amelioration

Analysis	Pawpaw	Coconut milk
pH	5.5	6.1
Brix	5°	2°
Total Solid	15%	11%
Specific Gravity	1.000	0.999

Table 1(b): After Amelioration

Analysis	Pawpaw	Coconut milk
pH	5.5	6.1
Brix	5°	2°
Total Solid	15%	11%
Specific Gravity	1.000	0.999



Key: RSG 90%:10%, KBS 80%:20, NPO 70%:30%, MKS 60%:40%, WXE 50%:50%

Fig. 7: Analysis in changes in Alcohol of Pawpaw Coconut-Wine after fermentation

Table 2: Analysis of the blend after mixing into different proportions

Sample	Brix(°)	Acidity (%)	pH	Temperature (°C)
RSG	18	0.66	3.61	29.2
KBS	17	0.65	3.63	29.0
NPO	16	0.64	3.64	29.2
MKS	15	0.63	3.66	29.2
WXE	14	0.16	3.67	29.3

Key: RSG 90%:10%, KBS 80%:20%, NPO 70%:30%, MKS 60%:40%, WXE 50%:50%. (Pawpaw juice : Coconut milk blend)

Table 3: Sensory Evaluation of Pawpaw Coconut Wine

Sample	Flavour	Taste	Overall Acceptability
POG	21	17	18
RSG	19	19	21
KBS	26	28	28
NPO	40	42	38
MKS	49	48	52
WXE	55	56	53

Key: POG Comparative sample (Calypso wine), RSG 90%:10%, KBS 80%:20%, NPO 70%:30%, MKS 60%:40%, WXE 50%:50%. (Pawpaw juice : Coconut milk blend)

(2003)¹⁸ Robinson (2006)²¹ Idise and Ofiyai (2011) and¹⁴ Awe (2011). At constant temperature, with an increase in the proportion of the coconut milk, the final brix, alcohol percentage and titratable acidity were reducing while the pH was increasing alongside with the specific gravity¹ According to Nwanekezi *et al.* (2004), all yeast (especially species of *Saccharomyces*) requires thiamine, pantothenic acid (vitamin B₅), pyridoxine and mesoinositol for effective performance. The concentration of pantothenic acid in the coconut milk could be attributed to be responsible for the variation in the final brix of the wine. The higher the concentration of the coconut milk, the lower the final brix and the better the fermentation. Though the coconut milk aided the fermentation, but it also had a way of reducing the percentage alcohol. With a greater ratio of pawpaw, the alcohol percentage was high but fermentation was not as complete as with a higher proportion of coconut milk.

Wine with alcohol percentage below 10% is unstable and are prone to bacterial spoilage. This is to justify the fact that the wine sample with 10% alcohol content would keep longer than the other samples²³. Amerine and Kunkee (1980) said that a 'must' or juice with brix below 22° prior to fermentation would produce a wine with alcohol percentage below 12%. Sample 90:10 blend yielded the highest percentage alcohol of 10%, while the other samples yielded a percentage alcohol lesser than what they should. This simply connotes that the increase in the coconut milk automatically reduced the alcohol yield. In conclusion, pawpaw-coconut wine can best be produced from a higher proportion of pawpaw than coconut milk.

The ranking test carried out on the five wine samples and the comparative wine sample (Calypso wine) by ten panelists, showed that the comparative sample was the best in the overall acceptability and taste, but the panelists rated sample 90:10 blend to be the best in flavor. Using the method of¹⁸Kramer *et al.* (1974), there was a significant difference at 5% confidence level. It can be easily deduced from the result that in terms of flavor, taste, aroma and overall acceptability, sample 90:10 blend can score favourably well with the comparative sample. The result also showed that the higher the ratio of the coconut milk, the lower the degree of acceptability.

This study in conclusion, revealed that pawpaw-coconut wine can best be produced from a mixture of higher proportion of pawpaw coconut milk (90:10 blends). If wine of little alcohol content and little sugar is desired, a higher than proportion

of coconut milk could be used but an effective preservative method would be necessary to keep it stable and safe.

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